

FAMILY FITNESS CLASS

ONLY \$5 PER ADULT

EACH CHILD IS FREE WITH AN ADULT

JOIN COACH ASH FOR A FUN FITNESS CLASS
FOR ALL FITNESS LEVELS!

**MUSIC, FITNESS,
GAMES...THE WHOLE
FAMILY HAS FUN AND
WORKS OUT TOGETHER!**

Saturday, March 16 & 23

10:00-10:45am ~ KID AGES 2-5

11:00-11:45am ~ KID AGES 6+

MEET @ WEDDINGTON BARK PARK

CONCORD, NC - (980) 494-0258



SMASH FITNESS

www.smashfitnessonline.com

**EDUCATORS ARE FREE
WITH SCHOOL ID**